

## Sue Nickels

### Machine Quilting the Appliqué Quilt

#### Supply List for Students:

- Sewing Machine- bring instruction manual, extension bar or table and all accessories. Important reminder, bring your foot pedal and power cord!
- Walking foot- bring if you have one, if not use presser foot
- Darning foot- a must for free motion quilting
- Straight Stitch Throat Plate- optional, bring if you have one
- Four 12" squares muslin
- Three 12" squares cotton or cotton blend batting
- **Prepare before coming to class two 12" square appliqué blocks on light background using the Double Rose pattern and Tulip & Heart pattern provided.**  
**\*\*Use your favorite appliqué technique**
- 50-100 safety pins ( I use size 0 or 1)
- Sewing machine needles- 80/12 and 70/10 microtex or machine quilting
- Cotton thread- 50 weight/ 3 ply and/or 50 weight/ 2 ply- colors to match background and appliqué
- Marking Pencil- I use Quilters Choice, silver
- Ruler- for marking straight lines
- Rubber Gloves- kitchen dishwashing gloves, one size smaller than you wear for dishwashing
- Basic sewing supplies- scissors, bobbins, etc.
- Extension cord, extra light and cushion for height

#### **Project-**

Bring small appliquéd quilt top to this workshop. Size should be small, 30" x 30" or less. This can be simple appliqué project either hand or machine. You can use an already existing top or make a new one for this class. Bring batting and backing and threads (colors for background, appliqués and bobbin) for this project. I like my batting and backing to 2" bigger all the around than my quilt top. I also like to use a matching color print for my backing fabric. We will mark and begin work on this project in class. (Sue's book "Machine Quilting: A Sampler of Techniques" has some simple appliqué blocks if students need a small project for this workshop)

\*Students can also bring appliqué quilt tops for discussion on how to quilt them.